



ÀNI

ANGUILLA

SPA MENU

ÀNI Anguilla's wellness philosophy is one of simple truth, that wellbeing stems not from striving, but through balance in all things: a stroll along the shoreline at dawn; a nutritional diet; a heart-pumping workout with a personal trainer or the joy of playing tennis with friends. The serenity of a therapeutic spa treatment, contributes to the relaxation of mind, body and soul.

Our Spa is open daily from 10am to 6pm
with the last treatment starting at 4:45pm.

We offer six complimentary massages daily
lasting 60 minutes each.

Guests are requested to arrive 5 minutes before
the scheduled treatment.

For a couples massage, an additional therapist is required starting from
\$195 per treatment.

TREATMENTS

ÀNI ANGUILLA FUSION

Experience a fusion of senses with our Signature Treatment “ANI Anguilla Fusion” using a blend of hibiscus and passion fruit oils, bringing a deep sense of relaxation and peace. Enjoy a relaxing salt and oil back scrub, with salts that are locally sourced from the Anguillan salt ponds, renowned for their healing benefits and part of Anguilla’s culture and history. A healing holistic back massage follows, melting away tension and promoting deep relaxation, whilst a reflex zone foot massage soothes the soles of your feet including a warm application of a shea butter wrap that deeply moisturizes. A neck and shoulder massage will help to relieve tension. This treatment will finish with an aroma hot coconut oil deep head and scalp massage.

ÀNI “HOLISTIC” MASSAGE

Combining the natural therapeutic properties of essential oils and the healing power of massage therapy, this aroma-based oil massage will leave you feeling deeply relaxed and revitalized. Using a range of diverse techniques, our Spa Therapists will tailor this therapeutic massage to individual needs with a unique blend of oils and long slow sedative strokes, leaving you feeling deeply relaxed and revitalized.

ÀNI “SYNCH HEAD AND FOOT” MASSAGE

Our spa therapist focuses on specific points and areas on the feet through Reflexology. These areas and reflex points correspond to different organs and systems and by pressing these points has a beneficial effect on the organs and general health. Reflexology balances and boosts the entire system. This is followed by a gentle and rhythmic head massage which helps clear congestion in the nerve pathways to relieve pressure and pain from tense muscles, sinus congestion, tired eyes and to encourage the drainage of lymph, increase circulation and restore energy balance.

DEEP-TISSUE MASSAGE

Deep tissue massage uses firm pressure and slow strokes to reach deeper layers of muscle, fascia (the connective tissue surrounding muscles) and tendons. As well as relieving chronic aches and pains and contracted areas such as the neck, shoulders, upper/lower back and legs, it also increases circulation and helps to detox the body and balance the mind.

TREATMENTS

SUNBURN SOOTHER

This treatment is designed to cool and calm sun-burnt skin, using natural, home-grown Aloe Vera with cooling cucumber and the healing properties of Lavender. The elixir is gently applied to the body and face, instantly calming the skin, and reducing redness.

Experience a lymphatic face massage and a fresh cucumber face mask for renewed hydration of the face, finishing with a deeply relaxing scalp and foot massage.

BODY SCRUBS

Start your stay with a rejuvenating salt and oil body scrub. The salts are locally sourced from the Anguillan salt ponds, renowned for their healing benefits and part of Anguilla's culture and history. The scrub is infused with pure essential oils designed to leave you with silky soft skin. Scrubs are a great way to remove impurities from the body and smooth rough textured skin.

MANICURE AND PEDICURE

Our exclusive manicure and pedicure services, available in our tranquil spa sanctuary use only the finest products. Our therapist will pamper and polish your nails, ensuring every finger and toe mirrors the perfection of our pristine beaches. This rejuvenating experience will not only beautify your hands and feet but also instill a deep sense of relaxation and well-being.

Choose from the following oils for any of the above treatments

PEACE- Ylang-Ylang - Sandalwood – Vetiver - Relaxes the mind and soothes the soul

AWAKENING - Eucalyptus - Ginger - Cardamom - Clears the mind and eases muscle tension

BALANCE - Mandarin - Juniper - Geranium - Harmonizes the mind bringing inner and outer balance



ANI Anguilla
Little Bay, AI-2640, Anguilla